



SMOKE FREE TOBACCO FREE CAMPUS

WMHI WORKGROUP

MINUTES: 2-10-05

MEMBERS PRESENT: Connie Hannemann, Mike Hart, Marla Hill, Mike Leuthold, Joann O'Connor, Larry Schomer, William Krause, Reid Webster, Diane Shaw.

Absent: Ronecka Baker, Ben Eggum, Sharon Haberkorn, Rita Kennedy, Jennifer Rew, Karen Wright Jeff Manning, Mary Nitz, Larry Launtenschlager

Mission: Develop a plan for making WMHI a tobacco-free campus.

1. Review of minutes from 1-27-2005.

2. Review of patient and staff survey

In December of 2004, a survey was conducted regarding patient and staff feelings regarding smoking on campus. The results indicated that there were:

	Patients	Staff	Total
Desiring smoke-free campus	26	168	194
Continue smoking in designated areas	105	198	303

Key concerns identified were:

- Safety - sneaking of cigarettes – arcing, fire hazards
- Aggression, rowdy behavior, fear by staff
- Need to increase activities – open gym, etc.
- Gaining weight
- Smoking “police”, enforcement issues
- Programs similar to AA needed
- Reprogramming one’s body at the cellular level (how to turn one’s addiction off after years of smoking)
- Anxiety
- Contraband

3. Monthly Work Plan Review – Joann O'Connor

1. Joann distributed the Gantt Chart that identifies a timeline for the various tasks that must be accomplished to make WMHI smoke-free. The workgroup brainstormed what the various components should be on this chart utilizing the information from the survey summaries, previous work done, and the policy directive from DDES. Those major components were identified and Joann will put them on the Gantt Chart

4. Report on cessation programs available – Mike Hart

Mike and Joann met with Roger Dyer from the Center for Tobacco Research and Intervention (www.ctri.wisc.edu) on the program they have available. The program is quite detailed and is free. The program allows as many Train-The-Trainers as the facility desires. This is desired as it can increase motivation on the part of participants, have someone available on site now, and increase accessibility to support. Using a Train-the-Trainer, who was an ex-smoker, will enable them to identify more with people who are going through the program. However, even non-smokers who desire to become counselors should not be discouraged from doing so.

Next Meeting:

Date: February 17 (*Note date change due to JCAHO survey on Feb. 24*)

Time: 10:00 – 11:00

Place: Winnebago Room